



## YES, AND!

**Time taken:** Around 30 minutes

**Materials needed:** Any household object that can be passed around a circle

**Social and Emotional Learning (SEL) skills practiced:** Active Listening, Group Awareness, Public Speaking, Creative Thinking

### Steps:

- Find a household object, like a water bottle.
- Pass the object around the circle, taking turns to share a special feature about the object that makes it the most unique, awesome thing in existence.
- When you finish sharing, everyone shouts "Yes, And!"
- Pass the object to the next person
- Pass the object around the circle as many times as you wish!

### Example:

- » Person 1: "This water bottle is so amazing because when you hold it in your hand and close your eyes, it fills up with any drink of your choice"
- » Everyone: "YES and...!"
- » Person 2: "... and in addition to filling up with a beverage of your choice this water bottle is so great that when you press on this sticker right here, it turns into a disco ball that plays Earth Wind and Fire for an impromptu dance party!"
- » Everyone: "YES and...!"

*This activity provides endless laughs, gives everyone a chance to be silly and creative, AND, models positive and collaborative idea making and brainstorming.*

### An extension:

Invite your kids to write a short story incorporating your magical household object and all its powers!

Feel free to share with us about your epic household object and all the wonderful things it can do on [Facebook](#), [Instagram](#) using @cfmoab and #coyotescorner, or by email [education@cfmoab.org](mailto:education@cfmoab.org)

Happy distancing,  
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