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Connecting People and Nature: History, Education and Adventure

Adventure Day Camp Program

Packing List

Please send your child with clothes suitable for hiking and moving around, including comfortable walking shoes. Note that your child will be required to wear shoes at all times, even when swimming. Please send your child with extra water shoes.

Each day, provide your kid with a backpack packed with the following items:

- Lunch, and a snack
- Water bottle
- Rain Layer
- Sunscreen
- Hat
- A mask (required in vehicles and other close quarters)
- An extra pair of shoes for swimming

Sandals are acceptable as long as they have a heel strap. Flip flops/slip-ons are not permitted.

CFI promotes connection to nature through unplugged experiences so we ask that youth do NOT bring electronics (cell phones, etc.) other than cameras, and participants will be required to leave such behind at CFI headquarters.

Please DO NOT Bring

- Knives of any kind
- Sharp tools
- Electronic devices (cell phone, etc.)
- Pets of any kind

